C:\Program Files\MySQL\MySQL Server 5.5\bin>mysql.exe -u root -p

Enter Password: \*\*\*\*\*

To provide access:

"GRANT ALL PRIVILEGES ON %s.\* TO '%s'@'localhost' IDENTIFIED BY '%s'";

To import large amount of data into MySql using MySql Workbench:

* Under **Server Administration** on the Home window select the server instance you want to restore database to (Create **New Server Instance** if doing it first time).
* Click on **Manage Import/Export**
* Click on **Data Import/Restore** on the left side of the screen.
* Select **Import from Self-Contained File** radio button (right side of screen)
* Select the path of .sql
* Click **Start Import** button at the right bottom corner of window.

Using Console:

Try to import it from mysql console as per the taste of your OS.

mysql -u {DB-USER-NAME} -p {DB-NAME} < {db.file.sql path}

or if it's on a remote server use the -h flag to specify the host.

mysql -u {DB-USER-NAME} -h {MySQL-SERVER-HOST-NAME} -p {DB-NAME} < {db.file.sql path}